



Irish Aid
An Roinn Gnóthaí Eachtracha
Department of Foreign Affairs

**A FUN-FILLED
MAGAZINE
FOR KIDS!**

**Irish Aid — Ireland's international
development programme**

FOOD FOR LIFE

OUR WORLD IRISH AID AWARDS 2024



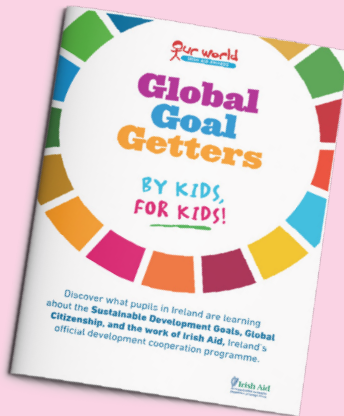
17 GOALS TO TRANSFORM OUR WORLD

The Sustainable Development Goals are a call to action by all countries to end poverty and hunger while also tackling inequality of all kinds. The 17 goals are also known as the Global Goals and were adopted by 193 countries in New York in 2015.

In this magazine, you will find out how Irish Aid is working with the United Nations (UN), Trócaire and local partners in eight countries to ensure that everyone in the world has the right to be free from hunger and to have access to adequate, safe and nutritious food.

The theme for this year's Our World Irish Aid Awards is **Food for Life**.

Read the stories in the magazine about what people are doing in the fight against global hunger. Be inspired to create your own stories, poems, music, art and send it to us. You might see your work published in one of our **Global Goal Getters online magazines, by kids, for kids** (see back cover for entry details)



Sean Fleming T.D., Minister for International Development and Diaspora

Hi Everyone!

My name is Sean Fleming, and I'm Ireland's Minister for International Development and Diaspora. That means that I am the member of the Government whose job it is to make sure that Ireland does everything it can to end world hunger and poverty, tackle climate change and make sure that everyone in our world has equal access to education, clean water and healthcare. We do all this work through a government programme called Irish Aid. This year, you are going to learn about Irish Aid and the Sustainable Development

Goals (SDGs) – the SDGs are sometimes also called the Global Goals. Our theme for this year's Awards is 'Food for Life', and the case study is about the agroecology work of Trócaire, an Irish non-governmental organisation with communities in Uganda in East Africa, undertaken with the support of Irish Aid. Agroecology promotes farming practices that help reduce the impacts of climate change, protect nature and wildlife and also help local communities work in a way that suits their area and environment. It also takes their social and cultural values into consideration. This is an example of Irish Aid's work to make sure that everyone in our world can build a better life for their families. I want to say a special thank you to your teachers – we couldn't run the Awards without their hard-work and commitment. By participating in the 2024 Our World Irish Aid Awards, we hope that you will learn a lot about the work being done on behalf of the people of Ireland around our world – let's all come together to make our world an equal and better place for all.

Sean Fleming

WHAT IS IRISH AID?

Irish Aid is the Government of Ireland's international development programme which aims to reduce global poverty, hunger and humanitarian need. Support is provided to more than 130 countries.

Our main focus is on sub-Saharan Africa and Southeast Asia, where we provide long term development assistance in a number of countries, including Ethiopia, Malawi, Kenya, Mozambique, Sierra Leone, Tanzania, Uganda, Vietnam, and Zambia.

We work with governments, the United Nations and non-governmental organisations (NGOs) such as Trócaire in these countries to improve people's lives and combat hunger and poverty. We also work with a small number of countries affected by conflict such as Liberia, Palestine, South Africa, and Zimbabwe.

Irish Aid also responds to humanitarian crises all over the world such as the devastating earthquakes in Syria and Türkiye in 2023, and provides assistance to people suffering the impacts of war in Ukraine. A record 326 million people in 63 countries depended on life-saving humanitarian assistance for their survival in 2022.

BE PROUD – IRELAND'S DEVELOPMENT COOPERATION PROGRAMME IS RANKED AS ONE OF THE BEST IN THE WORLD!

DID YOU KNOW...

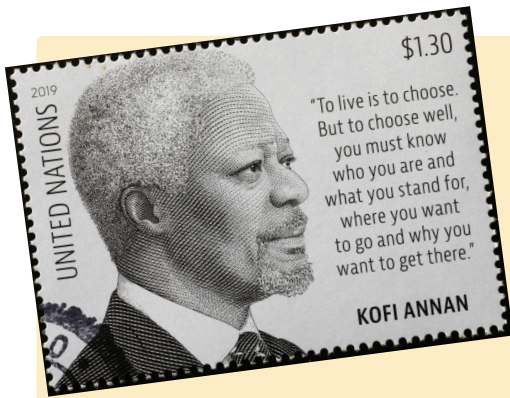
Irish Aid has produced a policy called **A Better World** which charts a clear way forward to achieve a more equal, peaceful, and sustainable world. Its focus is on people, protection, and food. The focus will help to create a better world where Ireland shows effective leadership and good global citizenship.

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FOOD FOR LIFE

The theme for the 2024 Our World Irish Aid Awards is **Food for Life** because everyone in the world needs healthy, nutritious food to live a happy and healthy life.



“ We have the ability to transform agriculture on the ground and reshape the global food security system to alleviate hunger, end poverty, and promote sustainable development. ”

– Kofi Annan, remarks at the “Securing Food, Harvesting the Future” Forum, 2

Kofi Annan was a diplomat from Ghana (Country in West Africa) who served as the seventh secretary general of the U.N. In 2000, Annan issued a report titled *We the Peoples: the Role of the U.N. in the 21st Century*. The report called for member states to “put people at the centre of everything we do”: “No calling is more noble, and no responsibility greater, than that of enabling men, women and children, in cities and villages around the world, to make their lives better”

TIME TO THINK AND DISCUSS: FOOD FOR LIFE

Activity 1:

Read the following statements below and decide whether you think they are true or false. Share and discuss with a friend.

Statement	True/False
1 There is enough food in the world to feed everyone	<input type="checkbox"/> True <input type="checkbox"/> False
2 Eating more plant friendly foods can help reduce world hunger	<input type="checkbox"/> True <input type="checkbox"/> False
3 The U.N Sustainable Development Global Goal 4 stands for clean water and sanitation	<input type="checkbox"/> True <input type="checkbox"/> False
4 808 million people were affected by hunger in 2021	<input type="checkbox"/> True <input type="checkbox"/> False
5 Helping rural farmers sell their produce is not a solution to world hunger	<input type="checkbox"/> True <input type="checkbox"/> False
6 Wars have no impact on world hunger	<input type="checkbox"/> True <input type="checkbox"/> False
7 Weather extremes do not impact world hunger	<input type="checkbox"/> True <input type="checkbox"/> False
8 Shopping locally and seasonally has an impact on world hunger	<input type="checkbox"/> True <input type="checkbox"/> False

Answers at bottom of page 7



Note for teachers: The templates for all magazine activities are available as downloadable Activity Sheets in the Teacher’s section on our [website](#). In the same section you can access the 2023- 2024 classroom-ready PowerPoint lessons for 3rd-6th class.

Young activists in Uganda who want everyone to live good, sustainable lives. Listen to what they say!



Nkusi Gerald is a youth ambassador for climate change. He walked across Uganda and learned about conservation methods. His dream is for 100,000 people in Uganda to plant 5 million trees by 2030.

Nkusi says: *"I teach people to look after the soil, fix Mother Earth and feed the community. I teach people to grow vegetables and fruit trees and trees for medicines."*



Vanessa Nakate is another Ugandan activist for climate change. She started her first climate protest outside the Ugandan Parliament in January 2019. She asks: *How long are we to watch people die of thirst in droughts? Many Africans are losing their lives, countless more are losing their livelihoods!*

These young activists are helping Mother Earth by encouraging people to live sustainably and not to inflict harm on the Earth.

Two of the Global Goals refer to LIFE. Can you draw those two goals below?

Activity 2:

Write the correct Global Goal answers to each of the following statements and questions:

GOAL

1 Five of the Global Goals refer directly or indirectly to food and its production. Which ones are they?

2 On pages 6 and 7, Petelina speaks about using traditional plants for medicine. Which Global Goal does this relate to?

3 Irish Aid works with partners in government, international organisations, and the private sector to improve the lives of developing countries. Which Global Goal includes this work?

4 Petelina and others in communities like hers are working to make their farms more sustainable. Which **three** goals are referred to here?

5 What goal relates to Peace, Justice and Strong Institutions?

6 Which Global Goal can female headed households help to achieve?

7 If everyone in the world had healthy food, we would have achieved which Global Goal?

8 In your opinion, what is the most important Goal and why? _____

COUNTRIES IN FOCUS

Read about some of the countries where Irish Aid works for Food for Life below. Find out more about these countries by doing your own research on them. Learn about the history, culture and developments in these countries and find out how Irish Aid is helping to support them to achieve food security and sustainable agricultural practices. Then, test your knowledge and compete against the clock by playing our Global Goals Spinner Game, available on our website in the Kid's Zone: globalspinner.ourworldirishaidawards.ie/#/game/title

ETHIOPIA



Location: East Africa
Capital city: Addis Ababa
Population: 123 million

Irish Aid provided humanitarian assistance to Ethiopia, where over 20 million people are in need, mainly due to drought and conflict. Cash assistance was provided to families which has supported them to keep their children in school. Emergency water-trucking services for households and livestock needs were also provided.

Fact: Ethiopia experienced drought in a large part of the country from 2020 to 2023 as a result of five poor rainy seasons in a row, due to climate change.



SIERRA LEONE



Location: West Africa
Capital city: Freetown
Population: 8 million

Irish Aid supported a three-year project in Moyamba District focused on strengthening the prevention and management of undernutrition. As part of the project, households were given cooking demonstrations, using locally available foods, and advice on the preparation of complementary food for children.

Fact: More than three-fifths of the population in Sierra Leone engage in agricultural production, mainly for the domestic market but also for export.



TANZANIA



Location: East Africa
Capital city: Dodoma
Population: 65 million

Irish Aid is working with Teagasc in Tanzania to improve dairy production and fodder quality for farmers, and also with the World Food programme to ensure that crops such as sorghum (which is turned into flour for baking) are managed well so that they don't negatively impact on the landscape, which is called climate-smart agriculture.

Facts: Tree climbing lions can be found in Tarangire National Parks. Experts say they have mastered this technique to escape the oppressive heat on the ground.



MOZAMBIQUE



Location: Southeast Africa
Capital city: Maputo
Population: 33 million

In a village in Mabote District, women no longer need to walk 20km a day for water. With the help of Irish Aid, a new local solar powered water system provides safe drinking water for community members and for the children in a nearby school. It is also used to irrigate vegetables gardens and provide water for cattle.

Facts: Portuguese is Mozambique's official language but it is only spoken by around 50% of the population.



VIETNAM



Location: Southeast Asia
Capital city: Hanoi
Population: 98 million

In the mountainous region of central Vietnam, Irish Aid is working with women, and people living with disabilities who are vulnerable to natural disasters, in order to improve their living conditions, and ability to cope with climate change.

Facts: Of all the countries in the world, Vietnam is the 13th most vulnerable to climate risk, in particular, rising sea levels pose a threat to 70% of the population living in coastal areas and low-lying deltas.



MALAWI



Location: Southeast Africa
Capital city: Lilongwe
Population: 20 million

In order to prevent deforestation in Malawi due to consumption of illegal and unsustainable charcoal, Irish Aid is working with the United Nations Development Fund (UNDP) to promote sustainable fuels, which reduce emissions.

Fact: Malawi means "fire flames". The country takes its name from the reflection of the rising sun on the waters of Lake Malawi.



UGANDA



Location: East Africa
Capital city: Kampala
Population: 47 million

Irish Aid are working with Trócaire to improve access to affordable nutritious food (also called food security) in Uganda. For more information on this programme, see pages 6-7.

Facts: Uganda has the second youngest population in the world.



ZAMBIA



Location: Southern Africa
Capital city: Lusaka
Population: 20 million

Irish Aid is helping households in Zambia to grow a greater variety of nutritious foods such as legumes, vegetables, fruits, and cereals.

Fact: The currency (system of money) in Zambia is called the Kwacha.



Why not be inspired by the country fact files on this page? Send us fact files for some/all of the top ten countries to receive Irish Aid funding in 2021 (see page 2). You never know, you might be published in one of the 2023-2024 *Global Goal Getters* online magazines. See back cover for entry details.



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SUPPORTING FAMILIES IN UGANDA THROUGH AGROECOLOGY: CASE STUDY

Agroecology is a way of farming that helps us grow more food without harming the planet. This is particularly important in a country like Uganda where the impact of climate change can be seen in changes in weather patterns with more floods and more droughts.

There has been a move away from wild and traditional foods. Trócaire is partnering with local groups in Eastern Uganda to ensure that traditional foods will be used for nutrition as well as for medicine.

Trocaire promotes agroecology and helps to protect wild natural sources of foods and medicines in Kalaki in Eastern Uganda through working with Uganda Teso Diocese Planning and Development Office (TEDDO). It is working in 39 villages to promote sustainable agriculture and to make sure people have food security.

Trocaire have helped to establish seed banks and over 600 farmers and farmer organisations have benefitted from this. Irish Aid have been supporting Trócaire in Kalaki district in Eastern Uganda since 2020.



***How to pronounce these words**
 Olemo = oh-lay-moh
 Acoga =ack-oh-gah
 Ocawu=oh-ka-woo
 Owelu=oh-way-loo

TRICKY WORDS/TERMS

Match the tricky word/term on the left with the definition on the right. Read Petelina's story on pages 6 and 7 to help you find the words in context.

	TRICKY WORDS		DEFINITIONS
1	Agroecology	A	An adult male provides the income and makes the decisions
2	Wild and traditional foods	B	A place where seeds are stored to conserve different plant species for the future
3	Female headed household	C	Originators of all fruits, grains and vegetables. Diet came from the wild and ways of cooking have been passed on through generations
4	Seed bank	D	Wild plants used as medicines and eaten as vegetables in Uganda
5	GALS (Gender Action Learning Systems)	E	An adult female is the main income provider and decision maker
6	Olemo, acoga, ocawu, owelu*	F	Sustainable farming that works with nature
7	Male headed households	G	Is based on ideas of gender justice, inclusion, action for change and sustainability

1	2	3	4	5	6	7

Answers = bottom of page 7.

THE TRIPLE ROLE OF A FARMER IN AGROECOLOGY



I care for the land



I produce food



I am part of the community

Activity 3: Complete the sentences from the point of view of Petelina.

Use the statements to complete the following sentences. Some can be used more than once.

1 I _____ because I teach people about how important wild seeds are.

2 I _____ because I pass on my knowledge to my children and grandchildren so that they know how to look after the land.

3 I _____ because we no longer cut down the Shannadbata tree for charcoal. We use oil from the tree on our skin to keep it moist.

4 I _____ because we keep the best seeds in a seed bank. These will be used for generations to come.

5 I _____ because I share my wisdom and knowledge with others.

PETELINA ABUO'S STORY



"I am a farmer in the Kalaki district in Eastern Uganda. I am 78 years old, and I have 5 children and 11 grandchildren. I am a farmer of a smallholding. I have always used wild plants for food and medicine, but people laughed at me and said I was old-fashioned and that is what poor people did. We were losing the knowledge of our ancestors."

"When children had trouble with their eyes, we used what they call olemo, acoga, ocawu and owelu as medicine. They would swallow ten seeds and never have the problem again!"

"Since Trócaire have been supporting us, they have helped me to teach other people about how important these wild plants are. They trained us on how to map where these wild foods are. We are learning how to preserve these trees."

858 women and 533 men are already adapting agroecological practices including recovery of wild and traditional foods. 100% of female headed households (FHHs) are consuming at least one wild food every month and 74.9% of male headed households (MHHs) are.

In Uganda, Trócaire and partners have piloted Gender Action Learning systems (GALS) where women come up with their own solutions to problems. This is very empowering for women as they make positive changes within their households with men participating in household chores and farm works. Women also have a greater say in decision making.

"My husband and my sons listen to me much more nowadays. This makes me feel proud. I am glad that these changes have been made."



"We also keep the best seeds in a seed bank. We are working hard so that these seeds will not disappear. These traditional seeds are strong and can grow in very strong sunlight."

"In the seed banks, we exchange seeds and learn how to use them."

"We also exhibit at the food fairs. This feels really good because we are sharing our knowledge and people are listening to us"

This will ensure that traditional foods will continue to be grown for future generations. It also adds to dietary diversity. Because these traditional foods are local, they are more disease-resistant than imported seeds.

"We used to cut down the Shannadbata tree to make charcoal. The ground was bare and there were no trees. The soil was no good for growing. We also had a lot of droughts followed by heavy floods."

"But Trócaire, through the support of Irish Aid trained us to use the oil from these trees and process it into oil. I use the oil on my skin. People used to say the oil was bad, but my children and grandchildren all have beautiful skin. So do I"

Answers for page 3: Activity 1 - True/false

1. True
2. True
3. False, it is No.6
4. False, it is 828 million
5. False, it is a solution to world hunger
6. False, wars do have an impact on world hunger
7. False, they do
8. True

Answers for page 4: Activity 2

1. Goals 2, 3, 12, 14 & 15
2. Goal 12
3. Goal 17
4. Goals 11, 12 and 13
5. Goals 16
6. Goal 5
7. Goal 2
8. Answer open to pupil's own interpretations

Answers for page 6: Activity 3

1. Am a part of the community
2. Care for the land
3. Care for the land
4. Produce food
5. Am a part of the community

Answers for page 6: Tricky words

1. F
2. C
3. E
4. B
5. G
6. D
7. A

HOW TO ENTER

Come up with creative ways of showing what you have learned or telling us about actions you have taken. Send your work to us by post or email and be in with a chance to feature in our **2024 Global Goal Getters online magazines**, by kids, for kids.

You can work alone, with one friend, in a small group or with your class to create and enter one, or more, of the following:

Article

Audio recording

Crossword puzzles or word searches

Drawing/painting/collage

Interview

Music video

Photograph

Poster

Performance (rap, song, drama)

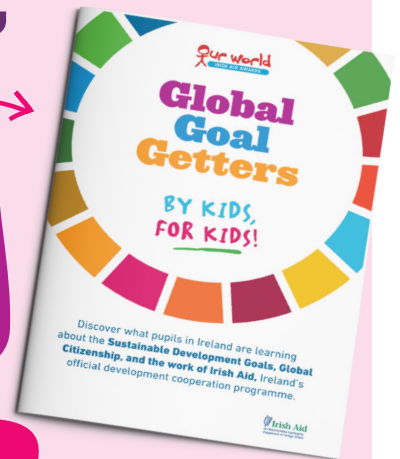
Poem or short story

Quiz

OR SOMETHING ELSE...IT'S UP TO YOU!



Pupils of St Mogue's National School named 2023 Our World Irish Aid Awards School of the Year



TIP

Check out the fantastic entries featured in last year's Global Goal Getters:
www.ourworldirishaidawards.ie

Tá ár n-irisí le fáil i nGaeilge do mhuintir na Gaeilge!

Feature in this year's Global Goal Getters Magazine!

**Global Goal Getters
Issue 1 Closing Date:
19 January, 2024**

**Global Goal Getters
Issue 2 Closing Date:
8 March, 2024**

All submissions will be considered for the 2024 Our World Irish Aid Awards National Final and receive a Certificate of Participation!

HOW TO SUBMIT

Ask your teacher to complete the entry form available on our website and to send your submissions to us online at ourworld@realnation.ie or by post: Our World Irish Aid Awards, 94 Baggot Street Lower, Dublin, D02 XN82

**NOW, IT'S TIME TO GET STARTED
...READY, STEADY, GO-AL GETTERS!**



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Would your class like to learn even more about the work of Irish Aid and the Global Goals?

Fun, interactive workshops for 3rd-6th class are available with the Irish Aid Centre live online. Workshops are curriculum linked.

Please use the booking link or QR code to book in so we can support your work for the Our World Irish Aid Awards.

www.irishaid.ie



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